

SAILING INSTRUCTIONS





Sailing Instructions

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The following prescriptions of the United States Sailing Association (US Sailing) will not apply: Prescriptions to RRS 40, 63.2 and 63.4.

2. ADVERTISING

- 2.1 Boats will be required to display advertising (bow stickers) chosen and supplied by the organizing authority.

3. NOTICES TO COMPETITORS & COMPETITORS' MEETINGS

- 3.1 Notices to competitors will be posted on the official notice board located on the deck of the 2nd floor at Sail Newport.
- 3.2 Notices will also be posted on Yacht Scoring as a courtesy. Timeliness of posting notices on Yacht Scoring will not be grounds for redress by a boat. *This changes RRS 60.1(a).*
- 3.3 Refer to SI 6 for the scheduled competitors' meetings, to be held at Sail Newport. Additional meetings may be scheduled.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted not less than 60 minutes prior to the first scheduled race (or removal of AP ashore, whichever is later) on the day it will take effect.
- 4.2 Any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 4.3 Oral changes may be provided on the water. Code flag L over code flag C will be hoisted to indicate an oral change to the sailing instructions is being communicated. In addition, as a courtesy, oral changes may also be announced on the RC's working channel (VHF 05A).

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the flagpole at Sail Newport.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in race signal AP.



6. SCHEDULE OF RACES

- 6.1 A maximum of twelve (12) races are scheduled.
- 6.2 Four (4) races are scheduled per day. One extra race per day may be sailed, provided that the series does not become more than one race ahead of schedule.
- 6.3 SCHEDULE

Wednesday, September 18th, 2019

1500 – 1800 Sail Drop off for Measurement in the Mule Barn (Sails can be picked up in the morning)

Thursday, September 19th, 2019

0900 – 1330 and 1700-1900 Measurement (Mule Barn for sail measurement and Admirals Pier hoist for boat weigh in)

1600 – 1800 Check-In and Registration

1400 North Sails practice race off Goat Island

Friday, September 20th, 2019

0900-1030 Breakfast at Sail Newport

1000 Competitors' Meeting

1130 First Warning Signal, additional races will follow

After Racing – Social at Sail Newport (cash bar + some complimentary options)

Saturday, September 21st, 2019

0900-1030 Breakfast at Sail Newport

1130 First Warning Signal, additional races will follow

After Racing - Competitors dinner at Sail Newport (2 tickets included in registration, cash bar + some complimentary options)

Sunday, September 22nd, 2019

0800-1000 Breakfast at Sail Newport

1100 First Warning Signal, additional races will follow

1400 No races will be started after 1400

After Racing – Social and Awards Ceremony (cash bar + some complimentary options)

7. CLASS FLAGS

- 7.1 The class flag will be the VX ONE class insignia.

8. RACING AREA

- 8.1 Races will be sailed in Narragansett Bay north of the Pell Bridge in Potter Cove.



9. THE COURSES

- 9.1 The course will be windward/leeward in configuration. A windward offset and leeward gate will be used. Refer to Exhibit A.
- Course W2: Start – 1 – 1a – Finish (Downwind)
 - Course W3: Start – 1 – 1a – (Gate)2s, 2p – Finish (Upwind)
 - Course W4: Start – 1 – 1a – (Gate)2s, 2p – 1 – 1a – Finish (Downwind)
 - Course W5: Start – 1 – 1a – (Gate)2s, 2p – 1 – 1a – (Gate)2s, 2p – Finish (Upwind)
 - Course W6: Start – 1 – 1a – (Gate)2s, 2p – 1 – 1a – (Gate)2s, 2p – 1 – 1a – Finish (Downwind)
- 9.2 If no windward offset mark is set, boats shall sail directly from the windward mark to the leeward mark(s) or finish.
- 9.3 If a single leeward mark is set instead of a gate, the mark shall be left to port.
- 9.4 Marks 1 and 1a shall be rounded to port. Mark 1a is an offset mark position to port looking upwind.
- 9.5 No later than the warning signal, the RC shall display the course designation, distance and the approximate compass bearing of the first leg.

10. MARKS

- 10.1 Start and finish marks will be as described in SI 11 and 13, respectively.
- 10.2 Windward and leeward marks will be orange inflatable marks.
- 10.3 The offset mark will be an orange inflatable mark.
- 10.4 Change marks will be yellow inflatable marks.

11. THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the RC Signal Vessel at the starboard end (facing upwind), and a staff displaying an orange flag on the RC Pin Vessel at the port end. In the event that a RC Pin Vessel is not in position, the line will be between a staff displaying an orange flag on the RC Signal Vessel and the course side of an inflatable buoy marking the port end of the line.
- 11.2 A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. *This changes RRS 63.1, A4 and A5.*
- 11.3 As a courtesy, the RC shall attempt to announce OCS boats via VHF. Neither failure of the RC to make the announcement, nor the order of the announcement, nor failure of a boat to hear the announcement shall be grounds for redress by a boat. *This changes RRS 62.1(a).*

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 The RC may **adjust** any leg of the course by moving mark(s) up to 005° in bearing and/or 0.2 nm in length without a signal or change of mark color. *This changes RRS 33.*
- 12.2 To **change** the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. ***NOTE: In the event of a change of course for a windward leg, an offset mark will NOT accompany the change mark.*** *This changes RRS 33.*



13. THE FINISH

- 13.1 The finishing line will be between a staff displaying a blue flag on the RC Signal Vessel and the course side of the adjacent yellow inflatable mark. Refer to Exhibit A for locations.
- 13.2 Code Flag "A" displayed at the finish without a sound signal means "No more racing today."

14. PENALTY SYSTEM

- 14.1 US Sailing Prescription Appendix V will apply, which reads as follows:
 - **V1: PENALTY AT THE TIME OF AN INCIDENT** The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'
 - **V2: PENALTY TAKEN AFTER A RACE** After a race, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident while racing may take a Post-Race Penalty for that incident. A boat takes the penalty by delivering a written notice to the race office that identifies the race number and when and where the incident occurred. The penalty shall be a 30% Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply, and the penalty shall not be taken after a protest hearing involving the incident has begun
- 14.2 Penalties for infractions within the zone of the windward mark or on the offset leg may be delayed and taken as soon as possible on the downwind leg. *This changes RRS 44.2.*

15. TIME LIMITS AND TARGET TIMES

- 15.1 The target time for the first boat to finish each race is 40 minutes. This shall not be grounds for redress by a boat. *This changes RRS 62.1(a).*
- 15.2 If no boat has passed Mark 1 within forty-five (45) minutes of their start, or if no boat finishes within two (2) hours of their start, the race shall be abandoned. Failure to meet the time limits will not be grounds for redress. *This changes Rule 62.1(a).*
- 15.3 Boats failing to finish within twenty (20) minutes after the first boat of the fleet sails the course and finishes, or within the time limit, whichever is later will be scored Time Limit Expired (TLE), defined as the number of boats finishing within the time limit plus one (1), without a hearing. *This changes RRS 35, A4 and A5.*

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at Sail Newport. Protests and requests for redress or reopening shall be delivered to the designated representative of the Protest Committee at the Protest Office, located at Sail Newport within the protest time limit.
- 16.2 The protest time limit is 45 minutes after the RC Signal Vessel docks at the end of each day, except that the protest time limit for the RC to protest breaches of SI 18.3 is 60 minutes after the RC Signal Vessel docks at the end of each day.
- 16.3 Requests for Scoring Review (including OCS) shall be filed within the protest time limit on forms available at Sail Newport. Such a request will be reviewed by the RC before being scheduled for a hearing by the Protest Committee. If unresolved, it shall be considered a request for redress and will be considered to have met the protest time limit. *This changes RRS 63.1.*



- 16.4 Notices will be posted within 30 minutes after expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at Sail Newport.
- 16.5 Breaches of SI 18, 19 or 21 will not be grounds for a protest by a boat. Penalties for these breaches (except SI 18.3) may be less than disqualification if the Protest Committee so decides *This changes RRS 60.1(a)*.
- 16.6 Breaches of SI 18.3 shall be protested by the RC. If the PC finds that a boat has broken SI 18.3, penalties shall be as follows:
- First infraction: DSQ from the first race of the day of the infraction. If no races are held on that day, DSQ from the race closest to the time of the infraction.
 - Second infraction: DNE from two races on the day of the infraction. If no races are held on that day, DNE from two races closest to the time of the infraction.
 - Third infraction: DNE from all races in the regatta.

17. SCORING

- 17.1 One race is required to be completed to constitute a series.
- 17.2 When fewer than six races have been completed, a boat's series score will be the total of her race scores.
- 17.3 When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score

18. SAFETY

- 18.1 **The RC intends to operate on VHF channel 05A.** In the event that a different channel is to be used, it will be displayed on the RC Signal Vessel and announced on VHF 05A.
- 18.2 **VHF Channel 16 is monitored by first responder agencies.** This channel may also be used in case of emergency (i.e. for incidents occurring outside of the racing area).
- 18.3 **CHECK IN / OUT ASHORE (Refer to SI 16.6 for penalties):**
- Each day prior to sailing, **boats NOT intending to sail** shall sign the form posted on the Official Notice Board.
 - Each day after sailing, upon returning to shore and prior to the Protest Time Limit, **ALL boats who have been sailing** shall sign the form posted on the Official Notice Board.
- 18.4 **CHECK IN / OUT AFLOAT:**
- Boats are required to check in by hailing their **sail number and spinnaker color** to the RC Signal Vessel before the start of the first race each day and/or the first race following any postponement ashore.
 - A boat that retires from a race or leaves the race area between races shall notify the RC by hail or VHF radio on channel 05A as soon as possible. A boat unable to notify the RC shall inform the dock staff upon returning to shore.
- 18.5 A boat and its crew shall at all times keep clear of all commercial vessels and shall not maneuver in any manner which would cause a commercial vessel to be unable to maintain her proper course or carry out their commercial functions in a normal manner.
- 18.6 Any boat receiving 'hands on' assistance will be scored Did Not Finish without a hearing. The RC may decide when a boat or crew needs assistance. *This changes RRS A5.*



19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed without prior written approval of the RC.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the RC. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20. OFFICIAL VESSELS

- 20.1 RC vessels will display RC flags (yellow or blue flags with the letters RC). To avoid confusion with other signals, these flags may not be displayed from RC vessels engaged in starting or finishing races.
- 20.2 Media vessels will display MEDIA flags.

21. RADIO COMMUNICATIONS

- 21.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 21.2 The RC will monitor and make announcements on VHF channel 05A (or such other channel as they may announce as needed) and competitors shall monitor that channel.
- 21.3 No communication among RC vessels overheard by a competitor shall be an improper action, nor grounds for redress.
- 21.4 The RC may use VHF to communicate information including the location of the starting area, countdown to the start, OCS bow/sail numbers, General Recalls and Postponements. These communications are a courtesy only. Neither failure of the RC to make, nor failure of a boat to hear these broadcasts shall constitute grounds for granting redress. *This changes RRS 62.1.*

22. PRIZES

- 22.1 Prizes will be awarded as described in the NOR.

23. DISCLAIMER OF LIABILITY

- 23.1 Competitors participate in the Regatta entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority, Race Committee, Protest Committee, Sail Newport, State of Rhode Island, sponsors, volunteers, or any other affiliated organization or official will not be responsible for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. By participating in this event, each competitor, or in the case of minors, each competitor's parent or guardian agrees to release the Regatta Organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

24. INSURANCE

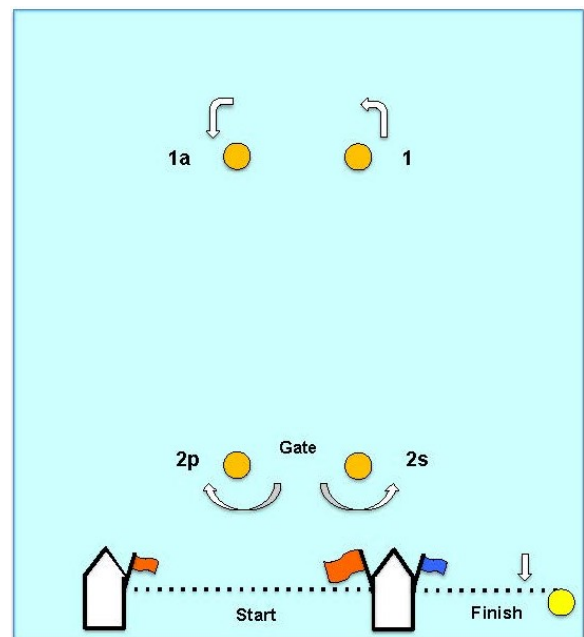
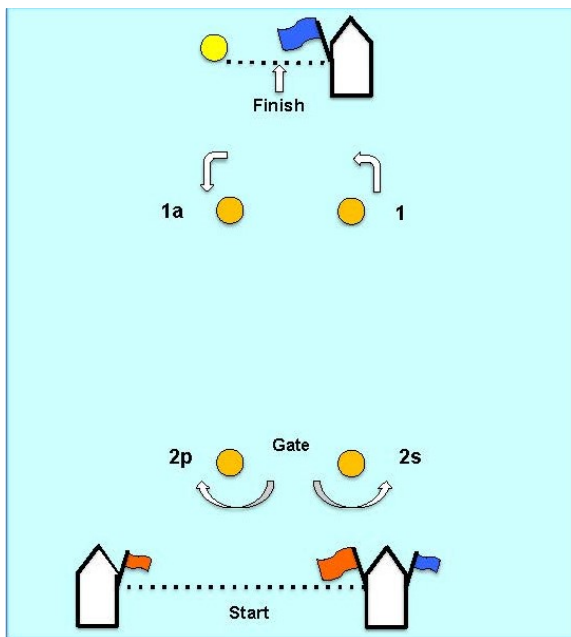
- 24.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of US\$300,000 per incident or the equivalent.



Exhibit A- Course Diagrams

Course W (Odd # Legs)

Course W (Even # Legs)



Note: Diagrams not to scale, and all angles are approximate.